

Resident Rates

*All residents of the City of Swift Current with a civic address *

SINGLE ADMISSIONS

Preschool (3-5yrs)	\$3.00
Child (6-11yrs)	\$3.50
Youth (12-17yrs)	\$4.00
Adult (18-64yrs)	\$5.75
Senior (65+ yrs)	\$4.00
Family (Max/5 members)	\$10.75

10 & 20 SWIM PASSES

Preschool	\$20.50/31.00
Child	\$25.75/47.25
Youth	\$31.50/56.75
Adult	\$46.25/90.25
Senior	\$31.50/56.75
Family	\$87.25/169.00

3 & 6 MONTH PASSES

Preschool	\$47.00/79.00
Child	\$60.00/112.50
Youth	\$74.50/143.00
Adult	\$112.50/218.50
Senior	\$74.50/143.00
Family	\$188.00/358.00

SEASON PASSES & YEAR PASSES

Preschool	\$118.75/\$151.00
Child	\$155.50/\$197.00
Youth	\$197.50/\$250.50
Adult	\$297.25/\$376.00
Senior	\$197.50/\$250.50
Family	\$493.50/\$639.50

FITNESS

ADULT (single)	\$7.25
10 Pass	\$60.00
20 Pass	\$101.00
30 Pass	\$150.25
SENIOR/YOUTH (single)	\$5.50
10 Pass	\$40.00
20 Pass	\$77.75

*Refund only with a doctor's note.

Non-Resident Rates

SINGLE ADMISSIONS

Preschool (3-5yrs)	\$5.00
Child (6-11yrs)	\$6.00
Youth (12-17yrs)	\$6.00
Adult (18-64yrs)	\$9.00
Senior (65+ yrs)	\$6.00
Family (Max/5 members)	\$17.00

10 & 20 SWIM PASSES

Preschool	\$31.00/54.00
Child	\$39.00/71.00
Youth	\$48.00/86.00
Adult	\$70.00/136.00
Senior	\$48.00/86.00
Family	\$131.00/254.00

3 & 6 MONTH PASSES

Preschool	\$75.00/125.00
Child	\$90.00/169.00
Youth	\$114.00/215.00
Adult	\$169.00/328.00
Senior	\$114.00/215.00
Family	\$282.00/537.00

SEASON PASSES & YEAR PASSES

Preschool	\$179.00/227.00
Child	\$234.00/296.00
Youth	\$297.00/376.00
Adult	\$446.00/564.00
Senior	\$297.00/376.00
Family	\$741.00/960.00

FITNESS

ADULT (single)	\$11.00
10 Pass	\$90.00
20 Pass	\$152.00
30 Pass	\$226.00
SENIOR/YOUTH (single)	\$9.00
10 Pass	\$60.00
20 Pass	\$117.00

*Refund only with a doctor's note.

AQUATIC CENTRE SCHEDULE

Fall 2010



FOR INFORMATION PLEASE CALL

778-2735

1100-11th Ave. N.E

www.swiftcurrent.ca

AQUATIC CENTRE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00-9:00AM	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim		All statutory holidays have limited hours: 1:00-2:30pm Family Swim 2:30-5:00pm Public Swim
9:00-10:00AM	Shallow Water Fitness (9-9:45) Lane Swim Family Swim	Deep Water Fitness (9-9:45) Lane Swim	Shallow Water Fitness (9-9:45) Lane Swim Family Swim	Deep Water Fitness (9-9:45) Lane Swim	Shallow Water Fitness (9-9:45) Lane Swim Family Swim		
10:00-11:00AM	Gentle Flow Fitness (Starts Sept 13) Lane Swim Family Swim	Adaptive (Starts Sept 14)	Gentle Flow Fitness (Starts Sept 8) Lane Swim Family Swim	Adaptive (Starts Sept 16)	Gentle Flow Fitness (Starts Sept 10) Lane Swim Family Swim	Swimming Lessons	
11:00-1:00PM	Family Swim Lane Swim	Family Swim Lane Swim	Family Swim Lane Swim	Family Swim Lane Swim	Family Swim Lane Swim		
1:00-3:00PM	School Lessons	School Lessons	School Lessons	School Lessons	School Lessons		Family Swim (1:00-2:30PM)
3:00-4:00PM	Shallow Water Fitness (3:00-3:45) Lane Swim	Family Swim Lane Swim	Shallow Water Fitness (3:00-3:45) Lane Swim	Family Swim Lane Swim	Shallow Water Fitness (3:00-3:45) Lane Swim	PUBLIC SWIM (2:30-6:00)	TOONIE SWIM (2:30-6:00)
4:00-6:00PM	Barracudas Swim Club	Swimming Lessons	Barracudas Swim Club	Swimming Lessons	Barracudas (4:00-5:30pm) Lane Swim (5:00-6:00)	Lane Swim (5:00-6:00)	Lane Swim (5:00-6:00)
6:00-7:00PM	Family Swim Shallow Water Fitness (6:15-7:00pm) Water Polo	Family Swim Deep Water Fitness (6:15-7:00pm) Lane Swim	Family Swim Shallow Water Fitness (6:15-7:00pm) Lane Swim	Family Swim Deep Water Fitness (6:15-7:00pm) Lane Swim	Family Swim Lane Swim		Toonie Swim ONLY \$2 PER PERSON!!
7:00-8:30PM	PUBLIC SWIM Special O (7:00-8:30)	PUBLIC SWIM	PUBLIC SWIM	PUBLIC SWIM	TOONIE SWIM		
8:30-9:30PM	Lane Swim	Lane Swim	Lane Swim	Lane Swim			

Limited Pool Space:

Family Swim- Monday through Thursday 6:00-7:00pm
 Family Swim- Monday, Wednesday, and Friday 9:00-11:00am
 Public Swim- Monday 7:00-8:30pm
 Public Swim- Saturday & Sunday 5:00-6:00pm

***SCHEDULE SUBJECT TO
CHANGE WITHOUT NOTICE***

Family Swim

A recreational time designated for families. Children must have an adult in the water within arm's reach at all times. 1 Adult per 3 Children.

Lane Swim

Lanes are available.

Public Swim

The public is welcome for a recreational swim.

Toonie Swim Everyone swims for a Toonie!

Fitness

Deep Water - This class eliminates impact on your joints entirely, providing a totally shock free workout! Participants should be comfortable in deep water, but ability to swim is not necessary.

Shallow Water - A very enjoyable water exercise class that reduces stress on your joints, bones and muscles. You can achieve speedy and effective toning through water resistance and help increase your circulation.

Gentle Flow Fitness

***Formerly known as Twinges & Hinges*

Designed to help improve joint flexibility and help relieve pain and stiffness, as it takes place at a slower pace than the other fitness classes.

