

Schedule Information

September 6 - October 21, 2023

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:15am-8:00am		Lane Swim Barracudas Swim Club (6:30-7:30am)		Lane Swim Barracudas Swim Club (6:30-7:30am)			All statutory holidays have limited hours: 11:00-1:00 Family Swim Lane Swim 1:00-5:00 Public Swim
8:00am-9:00am	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim		
9:00am-9:45am	Shallow Water Fitness	Deep Water Fitness	Shallow Water Fitness	Deep Water Fitness	Shallow Water Fitness		
9:00am-10:00am	Lane Swim Family Swim	Lane Swim	Lane Swim Family Swim	Lane Swim	Lane Swim Family Swim		
10:00am-10:45am	Gentle Flow Fitness	Adaptive Lessons (10:00-11:00am)	Gentle Flow Fitness	Adaptive Swim (10:00-11:00am)	Gentle Flow Fitness	Swimming Lessons	
10:00am-11:00am	Lane Swim Family Swim		Lane Swim Family Swim		Lane Swim Family Swim		
11:00am-1:00pm	Lane Swim Family Swim	Lane Swim Family Swim	Lane Swim Family Swim	Lane Swim Family Swim	Lane Swim Family Swim		
1:00pm-3:00pm	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	Family Swim (1:00-2:00pm)	Lane Swim (11:00-1:00pm) Family Swim (11:00-1:00pm)
3:00pm-4:30pm	Lane Swim Family Swim	CLOSED FOR MAINTENANCE	Lane Swim Family Swim	CLOSED FOR MAINTENANCE	Lane Swim Family Swim (3:00-6:30pm)	PUBLIC SWIM (2:00-6:00pm)	PUBLIC SWIM (1:00-5:00pm)
4:30pm-6:30pm	Barracudas Swim Club	Swimming Lessons (4:00-6:15pm)	Barracudas Swim Club	Swimming Lessons (4:00-6:15pm)			
		Barracudas Swim Club		Barracudas Swim Club			
6:30pm-8:30pm	Width Swim Deep Water Fitness (7:00-7:45pm) Special O (7:00-9:00pm)	PUBLIC SWIM	Family Swim Lane Swim Shallow Water Fitness (7:00-7:45pm)	PUBLIC SWIM	TOONIE Swim (\$2 per person)		
8:30pm-9:30pm	Lane Swim		Lane Swim				

Limited Pool Space:

Family Swim: Monday/Wednesday/Friday 9:00-1:00pm & 3:00-5:00pm

Family Swim: Friday 9:00-1:00pm & 3:00-7:00pm

Family Swim: Tuesday/Thursday 11:00-1:00pm

Family Swim: Saturday/Sunday 1:00-3:00pm

Family Swim: Wednesday 7:00-8:30pm

Public Swim: Tuesday/Thursday/Friday 7:00-8:30pm

Public Swim: Saturday/Sunday 3:00-6:00pm

SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE

