

Schedule Information

May 1 - June 15, 2023

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30am-8:00am		Lane Swim Barracudas Swim Club (6:15-7:45am)		Lane Swim			All statutory holidays have limited hours: 1:00-3:00 Family Swim 3:00-6:00 Public Swim 5:00-6:00 Lane Swim
8:00am-9:00am	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim		
9:00am-9:45am	Shallow Water Fitness	Deep Water Fitness	Shallow Water Fitness	Deep Water Fitness	Shallow Water Fitness		
9:00am-10:00am	Lane Swim Family Swim	Lane Swim Family Swim	Lane Swim Family Swim	Lane Swim Family Swim	Lane Swim Family Swim		
10:00am-10:45am	Gentle Flow Fitness	Adaptive Lessons (10:00-11:00am)	Gentle Flow Fitness	Adaptive Swim (10:00-11:00am)	Gentle Flow Fitness	Swimming Lessons	
10:00am-11:00am	Lane Swim Family Swim		Lane Swim Family Swim		Lane Swim Family Swim		
11:00am-1:00pm	Lane Swim Family Swim	Lane Swim Family Swim	Lane Swim Family Swim	Lane Swim Family Swim	Lane Swim Family Swim		
1:00pm-3:00pm	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	Family Swim (1:00-3:00pm)	Family Swim (11:00-2:00pm) Lane Swim (11:00-1:00pm)
3:00pm-4:45pm	Family Swim (3:00-4:45pm) Lane Swim (3:00-5:30pm) Barracudas Swim Club (4:00-5:30pm)	CLOSED FOR MAINTENANCE (3:00-4:00pm)	Family Swim (3:00-4:45pm) Lane Swim (3:00-5:30pm) Barracudas Swim Club (4:00-5:30pm)	CLOSED FOR MAINTENANCE (3:00-4:00pm)	Lane Swim (3:00-5:30pm) Family Swim (3:00-5:30pm)	PUBLIC SWIM (3:00-6:00pm)	PUBLIC SWIM (2:00-6:00pm)
4:45pm-6:30pm	Stingrays Swim Club (4:45-6:30pm)	Swimming Lessons (4:00-6:15pm)	Stingrays Swim Club (4:45-6:30pm)	Swimming Lessons (4:00-7:00pm)	Stingrays Swim Club (5:30-6:30pm)		
6:30pm-7:15pm	Deep Water Fitness Special O (7:00-9:00pm) Family Swim (6:30-8:00pm)	Stingrays Swim Club (6:15-7:15pm) Public Swim (7:15-8:30pm)	Shallow Water Fitness Lane Swim (6:30-7:30pm) Family Swim (6:30-8:00pm)			Public Swim (7:00-8:30pm)	TOONIE Swim (\$2 per person) (6:45-8:30pm)
7:30pm-9:00pm	Lane Swim		Lane Swim				

SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE

Limited Pool Space:

Family Swim: Monday/Wednesday/Friday 9:00-1:00pm & 3:00-4:45pm

Family Swim: Tuesday/Thursday 11:00-1:00pm

Public Swim: Sunday 5:00-6:00pm

