



- The goal of this after school program is to provide a safe, supervised program for children to be physically active and have fun while learning about healthy choices such as exercise, nutrition and wellness.
- This program is offered to students in grades 1 – 6 in the five city schools.
- Over the past 7 years, just over 2 000 students in the city of Swift Current have participated in this program!
- The schedule for the 2019-2020 school year is:

All Saints Catholic School

- September 23 – October 28

Irwin School

- November 4 – December 9

Centennial School

- January 20 – March 2

Central School

- March 9 – April 20

Fairview School

- May 4 – June 15



- Registration forms will be sent home with all of the grades 1-6 students at each school before their session.

Come join the FUN!!



Community Services Division
Promoting Healthy Lifestyles in Our Community!